

Nutrition Facts

Per (243 g)

Calories 810

% Daily Value*

Fat 51 g 68 %
Saturated 22 g 113 %
+ Trans 1 g

Carbohydrate 58 g
Fibre 7 g 25 %
Sugars 5 g 5 %

Protein 32 g

Cholesterol 105 mg

Sodium 1030 mg 45 %

Potassium 850 mg 18 %

Calcium 500 mg 38 %

Iron 3 mg 17 %

*5% or less is **a little**, 15% or more is **a lot**

Ingredients: Bread, multigrain, commercial, Tomato, red, ripe, raw, year round average, Snacks, potato chips, plain, salted, Cheese, swiss (emmental), Cheese, cheddar, Pork, cured, bacon, cooked, microwaved, Butter, unsalted

Contains: Wheat, Milk, Gluten