

Nutrition Facts

Per (431 g)

Calories 600

% Daily Value*

Fat 21 g 28 %
Saturated 8 g 42 %
+ Trans 0 g

Carbohydrate 96 g
Fibre 5 g 18 %
Sugars 59 g 59 %

Protein 10 g

Cholesterol 135 mg

Sodium 480 mg 21 %

Potassium 700 mg 15 %

Calcium 200 mg 15 %

Iron 2.5 mg 15 %

*5% or less is **a little**, 15% or more is **a lot**

Ingredients: Banana, raw, Water - Municipal Tap Water, Filtered , Waffle, plain, homemade, Sweets, syrups. table blends, cane and 15% maple, Strawberry, raw, Blueberry, raw, Egg, chicken, whole, fresh or frozen, raw, Butter, light, salted

Contains: Wheat, Milk, Egg, Soy