

# Nutrition Facts

Per (292 g)

**Calories 410**

**% Daily Value\***

**Fat** 16 g 21 %  
Saturated 9 g 46 %  
+ Trans 0.1 g

**Carbohydrate** 59 g  
Fibre 2 g 6 %  
Sugars 44 g 44 %

**Protein** 9 g

**Cholesterol** 45 mg

**Sodium** 250 mg 11 %

Potassium 450 mg 10 %

Calcium 250 mg 20 %

Iron 0.75 mg 4 %

\*5% or less is a little, 15% or more is a lot

**Ingredients:** Milk, fluid, partly skimmed, 2% M.F., Milk, fluid, chocolate, partly skimmed, 2% M.F., Dessert, frozen, ice cream, vanilla, 11% M.F., Sweets, syrups, chocolate, fudge-type, Water - Municipal Tap Water, Filtered, Cream, whipped, cream topping, pressurized, Coffee, brewed, espresso, restaurant prepared, PURE CANE SUGAR, WATER, NATURAL FLAVOR, CITRIC ACID., Sweets, sugars, granulated, PURE CANE SUGAR, WATER, NATURAL AND ARTIFICIAL FLAVOR, SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVES), CITRIC ACID, CARAMEL COLOR.

**Contains:** Milk