

# Nutrition Facts

Per (545 g)

**Calories 1280**

**% Daily Value\***

**Fat** 67 g 89 %  
Saturated 22 g 116 %  
+ Trans 1 g

**Carbohydrate** 108 g  
Fibre 13 g 45 %  
Sugars 11 g 11 %

**Protein** 58 g

**Cholesterol** 350 mg

**Sodium** 3040 mg 132 %

Potassium 1800 mg 38 %

Calcium 175 mg 14 %

Iron 6.5 mg 35 %

\*5% or less is **a little**, 15% or more is **a lot**

**Ingredients:** Potato, french-fried, wedge cut, frozen, unprepared, Pork, cured, bacon, cooked, microwaved, Bread, multigrain, toasted, Egg, chicken, whole, fresh or frozen, raw, Milk, fluid, partly skimmed, 2% M.F., Sweets, jams and preserves, Butter, unsalted

**Contains:** Wheat, Milk, Egg, Gluten