

# Nutrition Facts

Per (357 g)

**Calories 840**

**% Daily Value\***

**Fat** 34 g 46 %  
Saturated 7 g 33 %  
+ Trans 0.1 g

**Carbohydrate** 81 g  
Fibre 11 g 39 %  
Sugars 8 g 8 %

**Protein** 51 g

**Cholesterol** 100 mg

**Sodium** 1400 mg 61 %

Potassium 1300 mg 28 %

Calcium 150 mg 11 %

Iron 5 mg 28 %

\*5% or less is **a little**, 15% or more is **a lot**

**Ingredients:** Bread, multigrain, toasted, Turkey, broiler, breast, meat only, roasted, Tomato, red, ripe, raw, year round average, Snacks, potato chips, plain, salted, Lettuce, cos or romaine, Salad dressing, mayonnaise, reduced fat, Pork, cured, bacon, cooked, microwaved

**Contains:** Wheat, Egg, Gluten