

Nutrition Facts

Per (401 g)

Calories 240

% Daily Value*

Fat 7 g 9 %
Saturated 4.5 g 24 %
+ Trans 0.3 g

Carbohydrate 34 g
Fibre 1 g 2 %
Sugars 34 g 34 %

Protein 12 g

Cholesterol 30 mg

Sodium 170 mg 7 %

Potassium 500 mg 11 %

Calcium 450 mg 34 %

Iron 0.2 mg 1 %

*5% or less is **a little**, 15% or more is **a lot**

Ingredients: Milk, fluid, partly skimmed, 2% M.F., BREWED TEA (WATER, ORGANIC BLACK TEA, SPICE EXTRACTS [CASSIA, GINGER, CARDAMOM, CLOVE, ANISE, NUTMEG, BLACK PEPPER], NATURAL FLAVORS), ORGANIC CANE SUGAR, CONTAINS LESS THAN 1% OF ORGANIC CARAMEL COLOR, ORGANIC GINGER JUICE, CITRIC ACID, NATURAL FLAVORS., PURE CANE SUGAR, WATER, NATURAL FLAVOR, CITRIC ACID., Spices, cinnamon, ground

Contains: Milk