

# Nutrition Facts

Per (574 g)

**Calories 870**

**% Daily Value\***

**Fat** 36 g 47 %  
Saturated 22 g 109 %  
+ Trans 0.2 g

**Carbohydrate** 120 g  
Fibre 2 g 7 %  
Sugars 108 g 108 %

**Protein** 18 g

**Cholesterol** 135 mg

**Sodium** 360 mg 16 %

Potassium 850 mg 18 %

Calcium 650 mg 49 %

Iron 0.5 mg 3 %

\*5% or less is **a little**, 15% or more is **a lot**

**Ingredients:** Milk, fluid, partly skimmed, 2% M.F., Dessert, frozen, ice cream, vanilla, 11% M.F., PURE CANE SUGAR, WATER, NATURAL FLAVOR, CITRIC ACID., Cream, whipped, cream topping, pressurized, ENRICHED FLOUR (WHEAT FLOUR, BARLEY MALT, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), GRAHAM FLOUR, SUGAR, WATER, SOYBEAN OIL (WITH TBHQ [ANTIOXIDANT]), MOLASSES, HIGH FRUCTOSE CORN SYRUP, OAT FIBER, SALT, BAKING SODA, ARTIFICIAL FLAVOR, DEXTROSE, MODIFIED CORNSTARCH, CORNSTARCH, SODIUM SULFITE, SOY LECITHIN, WHEY, ENZYMES.

**Contains:** Wheat, Milk, Soy