

# Nutrition Facts

Per (44 g)

**Calories 20**

**% Daily Value\***

**Fat** 1 g 1 %

Saturated 0.5 g 3 %

+ Trans 0 g

**Carbohydrate** 2 g

Fibre 0 g 0 %

Sugars 2 g 2 %

**Protein** 1 g

**Cholesterol** 5 mg

**Sodium** 20 mg 1 %

Potassium 50 mg 1 %

Calcium 50 mg 4 %

Iron 0 mg 0 %

\*5% or less is **a little**, 15% or more is **a lot**

**Ingredients:** Milk, fluid, partly skimmed, 2% M.F.

**Contains:** Milk