

Nutrition Facts

Per (387 g)

Calories 640

% Daily Value*

Fat 32 g	43 %
Saturated 20 g	100 %
+ Trans 0.2 g	

Carbohydrate 76 g

Fibre 2 g	6 %
Sugars 65 g	65 %

Protein 12 g

Cholesterol 95 mg

Sodium 200 mg	9 %
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Potassium 650 mg	14 %
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Calcium 400 mg	31 %
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Iron 2 mg	11 %
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*5% or less is **a little**, 15% or more is **a lot**

Ingredients: Milk, fluid, partly skimmed, 2% M.F., Dessert, frozen, ice cream, chocolate, CHOCOLATE SAUCE, Cream, whipped, cream topping, pressurized

Contains: Milk