

# Nutrition Facts

Per (438 g)

**Calories 490**

**% Daily Value\***

**Fat** 20 g 27 %  
Saturated 11 g 58 %  
+ Trans 0.2 g

**Carbohydrate** 68 g  
Fibre 2 g 8 %  
Sugars 64 g 64 %

**Protein** 12 g

**Cholesterol** 65 mg

**Sodium** 200 mg 9 %

Potassium 550 mg 11 %

Calcium 400 mg 32 %

Iron 0.1 mg 1 %

\*5% or less is a little, 15% or more is a lot

**Ingredients:** Milk, fluid, partly skimmed, 2% M.F., Hot chocolate, mix, powder, prepared with 2% milk, CREAM, CANE SUGAR, TAPIOCA SYRUP, BUTTER (CREAM, SALT), VANILLA EXTRACT, SEA SALT., PURE CANE SUGAR, WATER, NATURAL AND ARTIFICIAL FLAVOR, SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVES), CITRIC ACID, CARAMEL COLOR., PURE CANE SUGAR, WATER, NATURAL FLAVOR, CITRIC ACID., Cream, whipped, cream topping, pressurized, Coffee, brewed, espresso, restaurant prepared

**Contains:** Milk