

Nutrition Facts

Per (549 g)

Calories 530

% Daily Value*

Fat 19 g 26 %
Saturated 10 g 54 %
+ Trans 0.3 g

Carbohydrate 70 g
Fibre 2 g 7 %
Sugars 50 g 50 %

Protein 19 g

Cholesterol 50 mg

Sodium 460 mg 20 %

Potassium 900 mg 19 %

Calcium 600 mg 45 %

Iron 1 mg 6 %

*5% or less is **a little**, 15% or more is **a lot**

Ingredients: Milk, fluid, partly skimmed, 2% M.F., Hot chocolate, mix, powder, prepared with 2% milk, Sweets, syrups, chocolate, fudge-type, Cream, whipped, cream topping, pressurized, Coffee, brewed, espresso, restaurant prepared

Contains: Milk