

Nutrition Facts

Per (258 g)

Calories 330

% Daily Value*

Fat 13 g 17 %
Saturated 7 g 35 %
+ Trans 0.1 g

Carbohydrate 46 g
Fibre 2 g 5 %
Sugars 30 g 30 %

Protein 9 g

Cholesterol 30 mg

Sodium 270 mg 12 %

Potassium 450 mg 10 %

Calcium 250 mg 20 %

Iron 0.75 mg 4 %

*5% or less is **a little**, 15% or more is **a lot**

Ingredients: Milk, fluid, partly skimmed, 2% M.F., Hot chocolate, mix, powder, prepared with 2% milk, Sweets, syrups, chocolate, fudge-type, Cream, whipped, cream topping, pressurized, Coffee, brewed, espresso, restaurant prepared

Contains: Milk