

# Nutrition Facts

Per (425 g)

**Calories 490**

**% Daily Value\***

**Fat** 23 g 31 %  
Saturated 13 g 68 %  
+ Trans 0.2 g

**Carbohydrate** 60 g  
Fibre 2 g 8 %  
Sugars 57 g 57 %

**Protein** 12 g

**Cholesterol** 70 mg

**Sodium** 230 mg 10 %

Potassium 550 mg 12 %

Calcium 400 mg 33 %

Iron 0.2 mg 1 %

\*5% or less is a little, 15% or more is a lot

**Ingredients:** Milk, fluid, partly skimmed, 2% M.F., Hot chocolate, mix, powder, prepared with 2% milk, CREAM, CANE SUGAR, TAPIOCA SYRUP, BUTTER (CREAM, SALT), VANILLA EXTRACT, SEA SALT., PURE CANE SUGAR, WATER, NATURAL FLAVOR, CITRIC ACID., Cream, whipped, cream topping, pressurized, Coffee, brewed, espresso, restaurant prepared, Candies, bars, Skor

**Contains:** Milk