

# Nutrition Facts

Per (415 g)

**Calories 380**

**% Daily Value\***

|                 |      |
|-----------------|------|
| <b>Fat</b> 14 g | 18 % |
| Saturated 8 g   | 39 % |
| + Trans 0.2 g   |      |

|                          |      |
|--------------------------|------|
| <b>Carbohydrate</b> 54 g |      |
| Fibre 1 g                | 3 %  |
| Sugars 44 g              | 44 % |

**Protein** 13 g

**Cholesterol** 40 mg

|                      |      |
|----------------------|------|
| <b>Sodium</b> 270 mg | 12 % |
|----------------------|------|

|                  |      |
|------------------|------|
| Potassium 600 mg | 13 % |
|------------------|------|

|                |      |
|----------------|------|
| Calcium 450 mg | 33 % |
|----------------|------|

|             |     |
|-------------|-----|
| Iron 0.5 mg | 3 % |
|-------------|-----|

\*5% or less is **a little**, 15% or more is **a lot**

**Ingredients:** Milk, fluid, partly skimmed, 2% M.F., Hot chocolate, mix, powder, prepared with 2% milk, Sweets, syrups, chocolate, fudge-type, PURE CANE SUGAR, WATER NATURAL AND ARTIFICIAL FLAVOR, SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVES), CITRIC ACID., Cream, whipped, cream topping, pressurized, Coffee, brewed, espresso, restaurant prepared

**Contains:** Milk