

Nutrition Facts

Per (425 g)

Calories 440

% Daily Value*

Fat 17 g 23 %
Saturated 11 g 55 %
+ Trans 0.2 g

Carbohydrate 59 g
Fibre 1 g 5 %
Sugars 49 g 49 %

Protein 13 g

Cholesterol 40 mg

Sodium 300 mg 13 %

Potassium 650 mg 14 %

Calcium 450 mg 33 %

Iron 0.75 mg 4 %

*5% or less is **a little**, 15% or more is **a lot**

Ingredients: Milk, fluid, partly skimmed, 2% M.F., Hot chocolate, mix, powder, prepared with 2% milk, Sweets, syrups, chocolate, fudge-type, PURE CANE SUGAR, WATER NATURAL AND ARTIFICIAL FLAVOR SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVES), CITRIC ACID., Cream, whipped, cream topping, pressurized, Coffee, brewed, espresso, restaurant prepared, Nuts, coconut meat, desiccated, sweetened, shredded

Contains: Milk