

Nutrition Facts

Per (280 g)

Calories 310

% Daily Value*

Fat 13 g	18 %
Saturated 6 g	31 %
+ Trans 0 g	

Carbohydrate 38 g	
Fibre 3 g	10 %
Sugars 11 g	11 %

Protein 10 g

Cholesterol 20 mg

Sodium 940 mg 41 %

Potassium 20 mg 0 %

Calcium 125 mg 9 %

Iron 2 mg 12 %

*5% or less is **a little**, 15% or more is **a lot**

Ingredients: WATER, ORGANIC TOMATO PASTE, ORGANIC ROASTED RED PEPPER, ORGANIC CREAM, ORGANIC BROWN RICE FLOUR, ORGANIC CANE SUGAR, ORGANIC NON FAT DRY MILK, ORGANIC SUNFLOWER OIL, NATURAL FLAVOR, SEA SALT, ORGANIC ROASTED GARLIC, ORGANIC ONION POWDER, ORGANIC FLAVOR, ORGANIC GARLIC POWDER, ORGANIC SPICE., BREAD: ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), WATER, SOYBEAN OIL, YEAST, SALT, SUGAR, FERMENTED WHEAT FLOUR, CALCIUM PROPIONATE (PRESERVATIVE), DEXTROSE, ASCORBIC ACID, ENZYMES. SPREAD: WATER, SOYBEAN OIL, DEHYDRATED GARLIC, PALM OIL, WHEY POWDER, SALT, MODIFIED CORN STARCH, DISTILLED MONOGLYCERIDE, DEHYDRATED PARSLEY, MODIFIED TAPIOCA STARCH, XANTHAN GUM, CITRIC ACID, NATURAL AND ARTIFICIAL FLAVOR, BETA CAROTENE (COLOR)., Cheese, goat, soft, (more than 55% water, 21% M.F.), Croutons, seasoned, Onion, young green, tops only

Contains: Wheat, Milk, Soy, Gluten