

# Nutrition Facts

Per (30 g)

**Calories 15**

**% Daily Value\***

**Fat** 0.5 g 1 %

Saturated 0.4 g 2 %

+ Trans 0 g

**Carbohydrate** 1 g

Fibre 0 g 0 %

Sugars 1 g 1 %

**Protein** 1 g

**Cholesterol** 0 mg

**Sodium** 15 mg 1 %

Potassium 40 mg 1 %

Calcium 40 mg 3 %

Iron 0 mg 0 %

\*5% or less is **a little**, 15% or more is **a lot**

**Ingredients:** Milk, fluid, partly skimmed, 2% M.F.

**Contains:** Milk