

Nutrition Facts

Per (273 g)

Calories 180

% Daily Value*

Fat 7 g 9 %
Saturated 1 g 6 %
+ Trans 0 g

Carbohydrate 29 g
Fibre 6 g 21 %
Sugars 22 g 22 %

Protein 4 g

Cholesterol 0 mg

Sodium 190 mg 8 %

Potassium 950 mg 21 %

Calcium 125 mg 9 %

Iron 3 mg 16 %

*5% or less is **a little**, 15% or more is **a lot**

Ingredients: Nuts, coconut water (liquid from coconut), Spinach, raw, Avocado, raw, california, PURE CANE SUGAR, WATER, NATURAL VANILLA EXTRACT WITH OTHER NATURAL FLAVOR, SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVES), CITRIC ACID, CARMEL COLOR.