

# Nutrition Facts

Per (651 g)

**Calories 570**

% Daily Value\*

**Fat** 2 g 3 %  
Saturated 1 g 6 %  
+ Trans 0 g

**Carbohydrate** 136 g  
Fibre 5 g 17 %  
Sugars 115 g 115 %

**Protein** 7 g

**Cholesterol** 10 mg

**Sodium** 220 mg 10 %

**Potassium** 900 mg 19 %

**Calcium** 175 mg 13 %

**Iron** 1.25 mg 7 %

\*5% or less is **a little**, 15% or more is **a lot**

**Ingredients:** Juice drink, orange, Yogourt, vanilla flavoured, low fat (0.5-1.9% M.F.), Pineapple, frozen chunks, sweetened, Mango, raw, Banana, raw, CANE SUGAR SYRUP

**Contains:** Milk