

Nutrition Facts

Per (563 g)

Calories 530

% Daily Value*

Fat 2 g 2 %
Saturated 1 g 5 %
+ Trans 0 g

Carbohydrate 128 g
Fibre 4 g 16 %
Sugars 119 g 119 %

Protein 6 g

Cholesterol 10 mg

Sodium 230 mg 10 %

Potassium 600 mg 13 %

Calcium 175 mg 14 %

Iron 1.75 mg 9 %

*5% or less is **a little**, 15% or more is **a lot**

Ingredients: Strawberry, frozen, sweetened, sliced, Apple juice, canned or bottled, added vitamin C, Yogourt, vanilla flavoured, low fat (0.5-1.9% M.F.), CANE SUGAR SYRUP

Contains: Milk