

# Nutrition Facts

Per (655 g)

**Calories 600**

% Daily Value\*

**Fat** 2.5 g 3 %  
Saturated 1 g 6 %  
+ Trans 0 g

**Carbohydrate** 146 g  
Fibre 6 g 21 %  
Sugars 120 g 120 %

**Protein** 8 g

**Cholesterol** 10 mg

**Sodium** 230 mg 10 %

**Potassium** 1150 mg 25 %

**Calcium** 175 mg 14 %

**Iron** 1.75 mg 9 %

\*5% or less is **a little**, 15% or more is **a lot**

**Ingredients:** Apple juice, canned or bottled, added vitamin C, Banana, raw, Yogourt, vanilla flavoured, low fat (0.5-1.9% M.F.), Strawberry, frozen, sweetened, sliced, CANE SUGAR SYRUP

**Contains:** Milk