

Nutrition Facts

Per (193 g)

Calories 100

% Daily Value*

Fat 3.5 g 5 %
Saturated 2 g 12 %
+ Trans 0.2 g

Carbohydrate 11 g
Fibre 1 g 2 %
Sugars 11 g 11 %

Protein 6 g

Cholesterol 15 mg

Sodium 85 mg 4 %

Potassium 250 mg 5 %

Calcium 225 mg 17 %

Iron 0.1 mg 1 %

*5% or less is a little, 15% or more is a lot

Ingredients: Milk, fluid, partly skimmed, 2% M.F., BREWED TEA (WATER, ORGANIC BLACK TEA, SPICE EXTRACTS [CASSIA, GINGER, CARDAMOM, CLOVE, ANISE, NUTMEG, BLACK PEPPER], NATURAL FLAVORS), ORGANIC CANE SUGAR, CONTAINS LESS THAN 1% OF ORGANIC CARAMEL COLOR, ORGANIC GINGER JUICE, CITRIC ACID, NATURAL FLAVORS., Spices, cinnamon, ground

Contains: Milk