

# Nutrition Facts

Per (259 g)

**Calories 190**

**% Daily Value\***

<b>Fat</b> 4.5 g	6 %
Saturated 3 g	16 %
+ Trans 0.2 g	

<b>Carbohydrate</b> 30 g	
Fibre 0 g	0 %
Sugars 31 g	31 %

**Protein** 8 g

**Cholesterol** 20 mg

<b>Sodium</b> 110 mg	5 %
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Potassium 350 mg	7 %
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Calcium 300 mg	22 %
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Iron 0 mg	0 %
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\*5% or less is **a little**, 15% or more is **a lot**

**Ingredients:** Milk, fluid, partly skimmed, 2% M.F., PURE CANE SUGAR, WATER, NATURAL FLAVOR, CITRIC ACID.

**Contains:** Milk