

# Nutrition Facts

Per (377 g)

**Calories 330**

**% Daily Value\***

**Fat** 14 g 18 %  
Saturated 8 g 39 %  
+ Trans 0.2 g

**Carbohydrate** 40 g  
Fibre 1 g 3 %  
Sugars 31 g 31 %

**Protein** 13 g

**Cholesterol** 40 mg

**Sodium** 270 mg 12 %

Potassium 600 mg 13 %

Calcium 450 mg 33 %

Iron 0.5 mg 3 %

\*5% or less is **a little**, 15% or more is **a lot**

**Ingredients:** Milk, fluid, partly skimmed, 2% M.F., Hot chocolate, mix, powder, prepared with 2% milk, Sweets, syrups, chocolate, fudge-type, Cream, whipped, cream topping, pressurized

**Contains:** Milk