

Nutrition Facts

Per (287 g)

Calories 280

% Daily Value*

Fat 12 g 16 %
Saturated 7 g 34 %
+ Trans 0.2 g

Carbohydrate 35 g
Fibre 1 g 3 %
Sugars 25 g 25 %

Protein 10 g

Cholesterol 35 mg

Sodium 220 mg 10 %

Potassium 450 mg 10 %

Calcium 300 mg 25 %

Iron 0.5 mg 3 %

*5% or less is **a little**, 15% or more is **a lot**

Ingredients: Milk, fluid, partly skimmed, 2% M.F., Hot chocolate, mix, powder, prepared with 2% milk, Sweets, syrups, chocolate, fudge-type, Cream, whipped, cream topping, pressurized

Contains: Milk