

Nutrition Facts

Per (405 g)

Calories 720

% Daily Value*

Fat 56 g 75 %
Saturated 13 g 63 %
+ Trans 0.1 g

Carbohydrate 44 g
Fibre 14 g 50 %
Sugars 23 g 23 %

Protein 18 g

Cholesterol 40 mg

Sodium 860 mg 37 %

Potassium 1400 mg 29 %

Calcium 350 mg 27 %

Iron 5 mg 27 %

*5% or less is **a little**, 15% or more is **a lot**

Ingredients: Avocado, raw, california, Spinach, raw, Strawberry, raw, Salad dressing, poppyseed, creamy, Cheese, feta, Tangerine, (mandarin), canned, juice pack, drained, Seeds, sunflower seed kernels, dry roasted, Blueberry, raw, Lettuce, spring mix (mesclun)

Contains: Milk